

# TIPS TO MANAGE YOUR ECT TIME

As an ECT, you are allocated additional time to complete your ECF study and activities to support you to meet the Teacher Standards. Below are some of the activities you may find useful to ensure you use the time effectively!



## PLAN IN ADVANCE

Planning your time ensures that you use it effectively. If you want to observe / team teach it is important that the teacher knows to expect you!



## COMPLETE SOME OF YOUR STUDY

In year 1, you have 4 hours of webinars and 26 hours of self-study to complete (3hrs webinar and 6 hours of self-study in Year 2) - try to complete 45mins-1 hour per week (15mins-30mins in Year 2).



## OBSERVE OTHER TEACHERS

Ask teachers across all key phases to observe in their classrooms - go into each observation with a specific focus in mind - tell them what you are hoping to see and consider and take the time to reflect afterwards about the impact it will have on you and your teaching.

## ADDITIONAL ACTIVITIES YOU MAY COMPLETE DURING YOUR ALLOCATED ECT TIME!



READ SCHOOL  
POLICIES



TEAM TEACH  
WITH YOUR  
MENTOR



RECORD  
YOURSELF  
TEACHING AND  
WATCH IT BACK



ARRANGE  
MEETINGS WITH  
LEADERS



RESEARCH  
AND READ  
FURTHER

YOU WILL ALSO HAVE YOUR LOCAL GROUP AND REGIONAL TRAINING SESSIONS WITH NORTHERN LIGHTS TO COMPLETE!

**THIS LIST IS NOT EXHAUSTIVE - USE YOUR TIME WISELY TO ENSURE THAT YOU BECOME THE BEST TEACHER YOU CAN BE!**