UNDERSTANDING ATTACHMENT AND TRAUMA -HOW TO SUPPORT PUPILS IN SCHOOL

Northern Lights

Session Details

In our schools, we support pupils on a daily basis who may find the classroom environment challenging for a number of reasons. Pupils who have faced relational trauma or who have attachment difficulties can certainly feel this. Across 3 sessions, we aim to begin to give an understanding of relational trauma and how it effects the development of the brain as well as begin to consider some practical strategies to support our pupils to be settled and ready to learn in the classroom.

Who is the session for?

Both primary and secondary colleagues who are supporting young pupils with attachment difficulties or who have faced relational trauma. Suitable for teaching assistants, teachers and school leaders.

Secure your place now!

Book directly on our website. Upon booking, your ticket will include your zoom link for the first session.



<u>Session 1</u>: To begin to understand trauma, attachment and the impact on brain development

<u>Session 2</u>: To know the 4 main attachment types and how pupils can present in the classroom



<u>Session 3</u>: To consider how to support pupils in the classroom who have experienced relational trauma



Take away strategies that can support the regulation of pupils that you work with

Cost: £60 for all 3 sessions - online

Session 1: 07.11.23 @ 16:00 - 17:00 Session 2: 28.11.23 @ 16:00 - 17:00 Session 3: 09.01.24 @ 16:00 - 17:00